

# Poems of the Heart

We are eternally grateful to Joan for this beautiful gift for all spiritual seekers. Please check back as this collection is updated regularly... most recent poem first.

Namaste

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## Tonight's Main Attraction

The dance of our Love Is tonight's main attraction.

Come you stars, you planets, you moons, and suns.
Purchase your tickets.
No need to push and shove,
Space is unlimited.
But time won't wait,
and neither will our Love.

It defies those weak and beggarly elements of time and space. It interpermeates and infuses itself in sweet Bliss.

Time, space, touching, hearing, seeing, we make a mockery of you.

Where are you now?

Where are your boundaries?

Where are your limitations?

Where are your imaginal superimpositions?

#### It Occurred to Me

Oh my Beloved, it occurred to me last night that:

I am the sun that warms your tender skin,

I am the wind that blows through your delicate hair,

I am the moon that lights your quiet nights,

I am the rain that waters your beautiful world,

I am the worshipper at your feet,

I am the mighty ocean that you play in,

I am the voice that whispers your name, and the name whispered,

I am the breath that makes your chest rise and fall,

I am the sleep that refreshes your holy body,

I am the water that quenches your dry parched mouth,

I am the laugh by which you delight me,

I am the mirror by which you see yourself.

#### God, Let's Take a Stroll

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Hey God,
Let's brush
our hair,
Put on a new dress,
Paint our toes
the colors
of the rainbow,
And go
on a stroll
through the universe
and see
if
anyone
notices
us.
```

What to do about those three naked toes!

Oh, we'll think of something.

### 1 Know That One

I will Love in such a way that God will think, Hey, I know that one, I should start spending some serious time with her.

#### Not Really Poems

```
These are not
   really
  poems.
  They are
  sketches
    of a
   Heart
  opening
     in
    slow
  motion.
 Those that
    have
    eyes
   to see
  will need
     no
explanations.
 Those that
    have
    ears
   to hear
  will need
```

no interpretations.

#### Our Poem

My Beloved, let me ask you something.

When you woke up the Universe this morning, Tell me, did the sun shrink back in shyness at the glory of your presence?

Did the majestic mountains prostrate themselves at your feet?

Did the birds finally get their chattery act together and sing sweet harmonies in your ear?

Did the butterflies gently kiss your cheeks? Did the flowers of the field give up their fragrance to anoint you?

Did the trees of the field wave and clap giddily as you passed by? Did all beings, sentient and insentient stand and salute you?

Did the whole Universe humble itself, realizing it shines by Your borrowed light?

If not, then my Love, we have some serious problems.

What is to become of a world that forgets its only purpose for existence?

#### Keep Singing

What is this sweet melody arising from my Heart?

The birds know.
They have been inviting me to join them in this song for eons.

Thank you
my little
friends
for
continuing
to sing
until
I could
learn your
song,
until I
could understand
why you
sing.

(continued on next page)

Remember, your job is not finished yet.

Sometimes this heart forgets the tune.

Keep Singing!

## Who Can Sleep?

Beloved,
I must say;
I would not
prescribe
You
to anyone
who wanted
a good night's
sleep.

#### YOU ARE VERY HARD TO IGNORE!!!

Constantly touching me, me, moving through me, whispering all sorts of enticing things, igniting fires within me.

Who could
possibly
sleep
when
such a
Divine Lover
as You
are
near?

I Have Touched You!

My Divine Lover, let me tell you of my love.

My heart swells like a mighty river overflowing its frail boundaries.

> Flowing out until it is sure it has reached you.

Then, totally satisfied, delighted, and fulfilled, it recedes back into itself.

Quenched, but not for long. It must taste again.

The process
repeats itself
again and again
and again
until I am intoxicated
with having touched
you over and over.

I Sleep!

My Beloved,

You have arrested this heart in every way. Now who can argue against this kind of imprisonment?

I pity those on the outside of these bars who think they are free.

They are really begging God to handcuff them to Himself.



A Mystery to Myself

You have made this heart to long for you. You have made these eyes to weep for you. You have made this body to burn for you. You have given me this voice to call for you.

> This much I have done. Alas, I am exhausted once more.

What do I have to do to entice you? Strip naked? Oh, I see!

The veils and seals are many.
Somehow they shroud me,
Until I am a mystery to myself.

### 1 Am Coming

My Love as you wonder through this cold, cold world;

You will come to a place where you feel the warmth of my flames.

Plant your heart there.

Do not be deterred.

I Am Coming.

#### My Heart's Duty

It is my
Heart's duty
to retrieve
Itself
from all
the cages
of this
world.



### Drowning is the Goal

God is like an ocean roaring, raging, spilling gently at your feet.
Inviting you to dive in.

Oh, you can't swim? No worry!

Drowning is the goal. Those who can swim will miss the prize. Tortured by Love

Where are you my Beloved, That this aching is still within this heart?

I have looked for you under every leaf,
Behind every cloud,
In every face I see.

How can you be so elusive? How can you escape my grasping? You mystify me.

You come to me like a haunting presence.

I'm sure I hear your footsteps.

I open my eyes

And lo, no one is there.

But I know you were.

You were careless and left your presence.

I close my eyes

and you repeat this game again and again.

Why do you torture me such?

My heart is aching.

My flesh is on fire.

My mind is crazed.

How long my Beloved can you deny me?

How do you bear to torture me so?

Is your tenderness not provoked
By the ocean of tears I have poured at your feet?
Is your compassion not arrested
by the continual crying out of your name?

How, please tell me Beloved, How can you deny me? Oh My Heart

I have no compass but my Heart. Trusting that seems a risky adventure, having been estranged from it for so very long.

Oh my Heart, I long to know you as the Friend once again.

I long to gaze upon the face of this imposter, thought so long to be me, with total dispassion and indifference.

> Oh my Heart, teach me to soar once again.